

# South Church Covid Response Policy

10/28/21

**Fully vaccinated people (and those who have tested positive for Covid and recovered in the last three months)** do not need to quarantine if they have been in close contact to Covid **unless they develop symptoms**. Even without symptoms they **must receive a negative test** 3-5 days after their exposure and **wear a mask** when attending South events for 14 days after their exposure. In other words, a person can continue to attend until they get tested but they must wear a mask.

**Non-fully vaccinated people** who have been in close contact to Covid should quarantine for 14 days even if they get a negative test at some point during the 14 days.

## Close contact:

Close contact is being within six feet for a cumulative 15-minute period or more over a 24-hour period with someone who tested positive to Covid.

## Common Covid symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

## Positive Covid Test:

**Please contact the individuals you were in close contact with and your ministry leader ASAP.** You are free of quarantine:

- 1. After 10 days from the start/onset of symptoms (son on day 11) AND**
- 2. Major symptoms are completely gone (except lack of smell and taste and fatigue which can last longer) AND**
- 3. You have been fever free (100.4 is considered a fever) for 24 hours.**

All three need to be true above in order to come back. Please note: Day zero is the onset of symptoms, day one is the first day after onset, day 10 you are still at home, day 11 you are free.

If you have any questions about whether you should participate in the ministries of South Church due to a Covid exposure or you are not sure about your symptoms or if anyone in your ministry tests positive for Covid, please notify Pastor Doug Phillips (517-896-9472) ([dphillips@southlife.org](mailto:dphillips@southlife.org)); Kelly Sites (517-927-3473) ([KSites@southlife.org](mailto:KSites@southlife.org)) or Tim Van Loh (989-640-6411) ([tvanolh@southlife.org](mailto:tvanolh@southlife.org)).