

Life on Life Forever Change Series



South
cutting~~edge~~
ministry

PERSONAL FOLLOW-UP

(Adapted from Odgers & Dolan 1988)

This series covers some of the essential concepts necessary for the believer's growth in Christ. Many of the ideas and illustrations have been proven effective in communicating these concepts. Nevertheless, it is important that you *familiarize yourself with the material, and then make it your own*. It is not as important that you have the series totally memorized as it is that you *know the objectives of each appointment and feel confident in communicating the truths to the person you are following up*. It is therefore a necessity that you have a total grasp of every idea and illustration you choose to incorporate in your follow-up presentation. If you are unsure of anything, do not hesitate to ask your trainer.

It is also of the utmost importance that each appointment is bathed in prayer. God alone causes growth and opens the hearts of men and women. Before you meet with the person:

- Pray that God will make you loving and sensitive to his/her needs.
- Meet somewhere that will be quiet and conducive to conversation.
- Establish rapport by asking casual questions about classes, the weather, etc.
- To bring the conversation to spiritual things, you might ask:

“Since last week when we talked about how you could know Christ is in your life, have you thought of any questions?”

“Have you seen any changes in your life?”

Sensitivity is important throughout the personal follow-up and discipling process. For example, a new Christian is unfamiliar with the Bible, especially the arrangement of the books. You may not only need to help him find a passage, but also assure him that it took you awhile to learn about the Bible. Also, be sensitive about praying conversationally after appointments. If you decide to, explain that conversational prayer is just saying in your own words what God puts in your mind. Don't make him/her feel like he/she has to say anything if he/she doesn't want to.

Remember, the overall objective of personal follow-up is to get a seriously growing believer or newly excited Christian established in the essentials of following Christ. In order to do this, we need to share not only content, but also develop a relationship with him or her. In this first letter to the Thessalonians, Paul mentioned that he and his friends “were pleased to impart not only the Gospel but also our lives”.

Begin bringing the person you're following-up to the College Class, church, special events, retreats, sporting events, etc. Take the time to introduce him/her to others and make him/her feel welcome.

DISCIPLESHIP TRAINING PLANNER

Name _____

School Address _____ Phone _____

Home Address _____ Phone _____

	8	9	10	11	12	1	2	3	4	5	6	7	8	9
Monday														
Tuesday														
Wednesday														
Thursday														
Friday														

PERSONAL

Birthday _____ Age _____ Year you became a Christian _____

Major _____ Yr. Graduating _____

Strengths _____

Weaknesses: _____

GOALS:

Personal _____

Ministry _____

Hobbies/Pastimes: _____

Other Important Information _____

DEVELOPMENT

VISION: If the Lord had His way in _____'s life long term, how might He use him? (5-10 years) _____

ROADBLOCKS: What will prevent _____ from progressing one step further as an active and vitally growing, multiplying disciple? _____

TRAINING: In what areas does _____ need training to continue progressing in his/her life and ministry as an active and vitally growing, multiplying disciple? _____

MINISTRY: In what ministry activities can we be involved together which will help _____ develop a multiplying ministry? _____

GROWTH ENVIRONMENT: In what movement or outside activities can I involve _____ which will help him/her develop as an active and vitally growing, multiplying disciple? _____

POTENTIAL BELIEVERS I COULD DISCIPLE

1. _____
2. _____

POTENTIAL NON-BELIEVERS WHO, IF THEY CAME TO CHRIST, I COULD DISCIPLE

1. _____
2. _____
3. _____

Participate

Seven Commitments/Disciplines to Help Us Live Out a Healthy Walk and a Fruitful Ministry

1. Personal Quiet Time
Luke 6:12, Ezra 7:10

2. One to One Discipleship
II Timothy 2:2

3. Small Life Group
Hebrews 10:24-25, Acts 2:42

4. Local Church Commitment (South)
Ephesians 4:16, Romans 12:5

5. Ministry Service Commitment
I Peter 4:10, Matthew 20:28, I Corinthians 12:7-27

6. Outreach/Evangelism
II Corinthians 5:20, I Peter 3:15

7. Equipping Class
Ephesians 4:11-12

COLLEGE EQUIPPERS
Carrying on Christ's Ministry
Luke 9:10
Ephesians 4:11-12

Daily Log & Lifestyle Disciplines
Weekly Report

1. Have I adjusted my life this week for Christ's purpose and been seeking first the Kingdom of God?

Yes No

(Briefly Explain Option) _____

2. Did I spend time with the Lord, committing my day and looking to His Word? Yes No

(Briefly Explain Option) _____

3. Did I pray for my five family members and lost friends or classmates this week? Yes No

People you are praying for: _____

4. Ask God to bring your way a follow-up opportunity of working with a new or newly committed Christian. Have you made any progress, and has God brought any possible opportunity your way this week?

Briefly explain: _____

5. Ask God to give you the opportunity to disciple (train, build into two faithful people and keep accountable for the kingdom of God). (If you have never been discipled, ask God to bring someone into your life or find a partner to build into one another's life). I Thessalonians 2:8

Have you made any progress, and has God brought any possible opportunities your way this week in this area?

Progress, explain: _____

6. Did I meet a new person this week? Yes No

Who? _____

7. Did I pray for God to bring any outreach/evangelistic opportunities this week? Yes No

(Briefly explain option) _____

8. Did I pray for or contribute to the growth of other members in my Life Group this week? Yes No

(Briefly explain option) _____

9. Identify your most significant spiritual investment you made this week: (something you did, not for your personal benefit but for contributing to the Kingdom of God and serving the body of Christ)

(Briefly explain option) _____

10. How are you stewarding your time, resources, responsibilities and relationships this week?
(rate yourself 1-5)

1/poor 2/fair 3/good 4/very good 5/excellent by the grace of God

How is Equippers Class going for you, and is there any exciting news, elaborations, or praises you may want to share about:

Emergency Box (help! I'm sinking)

Please check and turn into Neil

Honest, I will get in touch with you and try to help.